

Radiopeptides Analogues of Somatostatin Used for the Treatment of Neuroendocrine Tumors – Literature Review

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Abstract: The use of somatostatin analogues is growing each year, especially for tumor imaging and treatment. In this scenario the numbers of radionuclides and the perspective of new one are quite promising. In this review we approach the possibilities and give an overview of the trends and possibilities in this area.

Keywords: Radiopharmaceuticals, peptides, endocrinology, neuroendocrine tumors.

INTRODUCTION

Neuroendocrine tumors (NETs) comprise a range of malignancies with a great increasing in incidence and prevalence in the last few years [1]. Is considered a rare tumor but most of this perception is due to its low increase time and small size [2-4].

In the last two decades this type of tumor has received special attention in exploratory studies in order to be better defined, biologically classified appropriately and enable the construction of new methods and strategies to combat [5]. Current data shows that there was a striking increase in the incidence from 1.09 per 100,000 in 1973 to 5.25 per 100,000 in the year 2004, representing an increase of over 400 % within 29 years [6].

Neuroendocrine tumors occur sporadically as part of a family of syndromes, some showing aggressive behavior, characterized as highly malignant, having mostly slow growth [7]. The epidemiology of most aggressive type, carcinoid, are well studied and show the occurrence of tumors throughout the gastrointestinal tract and ileum (31%), rectum (21%), appendix (17%), colorectal (12%), stomach (6%) and small intestine (duodenum and jejunum, 4% and 3%, respectively) [8].

The absence of biologically active hormone produced by GEP NETs always refer to a delayed diagnosis of the disease usually detected when there are symptoms arising from the effect of the mass and metastasis, especially liver [9].

A study conducted by Hausto *et al.* (2005) in U.S revealed that from 1993 to 2004 were reported a total

of 2,030 cases. The BP-NETs are the most frequent neoplasms registered. Conformity assessment of the main symptoms of carcinoid tumor show the occurrence, simultaneously or not, of flushing and diarrhea. The natural history of patients with NETs, based on the presentation of vague abdominal symptoms in comings and goings of doctors who provide primary care, and referral to the gastroenterologist diagnosed with syndrome of irritable bowel (SIB). The persistence of these symptoms usually takes to over 9-years. In the end, the lack of a correct diagnosis, make the tumor progressing to metastases and death of the patient [10, 11].

SOMATOSTATIN RECEPTOR EXPRESSED IN NEUROENDOCRINE TUMORS

Somatostatin (SST) is a small cycle multifunctional peptide synthesized in endocrine cells and present on other cells and organs [12]. First isolated in 1973 by Brazeau *et al.*, its function is linked to inhibition of the release of growth hormone and subsequently identified an inhibitory effect on general release of endocrine hormone inhibition of pancreatic exocrine secretion, gastrointestinal motility and decreasing of neurotransmitter function [13, 14].

The expression of somatostatin receptor expressed in neuroendocrine tumor, was discovered in 1987 by Reubi *et al.* using autoradiography with somatostatin labeled with radioactive iodine [15]. Papotti *et al.* (2002) investigated the expression of somatostatin receptor subtypes and found that other tumors also express this hormone, but the common subtypes expressed was 1, 2, 3 and 5, and rarely subtype 4, in the carcinoid tumors the most expressed somatostatin receptors was the subtype 2 and have been related to treatment with somatostatin analogues [16, 17].

Neuroendocrine tumors such as pituitary tumor, pancreatic islet cell, carcinoid, pheochromocytoma,

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paraganglioma, medullary thyroid carcinoma and small cell lung express dense presence of sst receptors, predominantly type 2, but other types can coexist [18, 19]. Nervous system tumors including meningioma, neuroblastoma, medulloblastoma also often express high density of these receptors. However, tumors originating from neural or endocrine cells, such as lymphoma, breast cancer, renal cell cancer, hepatocellular cancer, prostate cancer, gastric cancer and sarcomas, may also express somatostatin [20].

The specificity of somatostatin receptors has been tested by scintigraphy thereof, having as parameter the state of the receptors *in vitro* [21]. Scintigraphy *in vivo* does not establish standards of homogeneous or heterogeneous distribution within the sst receptors, only possible to quantify accurately and *in vitro* autoradiography [22].

Studies shows that patients who have high expression of sst when treated with ^{177}Lu - or ^{90}Y - DOTATOC DOTATATE showed better survival time [23, 24].

SOMATOSTATIN ANALOGUE

In 1978 was discussed the use of natural somatostatin for the treatment of patients with carcinoid tumor to reduce the symptoms [25]. Studies from Frank *et al.* (1999) and Fjällskog *et al.* (2002) showed a combination therapy for the potential treatment of symptoms and tumor growth [26, 27]. The breakthrough in the use of sst receptor for imaging and therapy was made using radiolabel octapeptide octreotide [28]. The somatostatin analogs may be labeled with radioactive isotopes and their distribution after intravenous administration can be captured by a gamma camera. The natural somatostatin is infeasible for use with radionuclides, because it has an extremely short half-life, about 2 minutes [29].

The peptides that showed successful results fighting neuroendocrine tumors by binding to receptors were the somatostatin analogues [28]. The duration of the therapy is equal to SST analogs half-life, normally 4-6 weeks [30, 31]. Controlled trials have shown that somatostatin analogs are more effective than placebo in controlling tumor growth and metastasis [32].

RADIOPEPTIDES USED TO COMBAT THE NETs

In the treatment of NETs surgical proceedings of the primary tumor normally satisfy most of benign tumors. However malignant tumors, shows metastases and

require a more specific treatment [33]. In this case the use of radiopharmaceutical therapy is quite recommended. The success of this therapy is related to the amount of radioligand that may be internalized [34, 35]. Patients indicated peptide receptor radionuclide therapy are those who suffer from well-differentiated neuroendocrine carcinoma or moderately differentiated NET defined as grade 1 or 2 according to the classification of the World Health Organization [36].

Due the features of ^{177}Lu and ^{90}Y , both β emitters, the most stable compound is macrocyclic 1,4,7,10 - tetraazacyclododecane -N, N', N'', N'''- tetraacetic acid, or simply DOTA. This reaction results in ^{90}Y - DOTATOC, ^{90}Y - SMT -487), ^{90}Y - DOTA - lanreotide, and (^{177}Lu - DOTATATE) [37, 38].

Is important to notice that octapeptide cycles are more resistant to peptidases and have half-lives and biological activity longer than natural somatostatin [39]. For clinical purpose the octreotide and octapeptide are the most important one. They are conjugated with chelators and labeled with different radionuclides [40, 41].

PEPTIDE RECEPTOR RADIONUCLIDE THERAPY (PRRT)

Different options are possible for cancer treatment using peptides due to the ability to bind to different receptors and part of several biochemical pathways. Today, representing a major tool in diagnosis and therapy as drugs against tumor cells, derived peptide and peptide hormone therapy agents radionuclides (receptor radionuclide therapy), as been shown to be a versatile medicine [42].

The peptide receptor radionuclide therapy (TRRP) combines somatostatin analogue (e.g. octreotide) and radioactive substance (radionuclide, e.g. ^{90}Y) to form a highly specialized molecule, called radiolabeled somatostatin analogue or radiopeptide [43, 44].

Clinical studies have shown significant efficacy in combating tumor with somatostatin receptors. So dense cancers that express receptors amount of this peptide peculiarly subtypes sst2, are the most suitable for PRRT [45-47].

PRRT with ^{111}In [DTPA0] - octreotide (Octreoscan®)

Although initially been dedicated to the diagnosis [^{111}In - DTPA0] octreotide was the first radiolabeled

somatostatin analogue used for PRRT and one of the most used methods in the investigation of NETs tumors [28, 48].

The PRRT using [111 In - DTPA0] octreotide is favorable, because in addition to gamma radiation also emits Auger electrons that allows internal conversion facilitating the reaction in tissues [34, 49]. The success of this therapy related to the radioligand concentration in the tumor cells, depending on the rate of internalization, degradation and recycling of ligands and receptors [50]. Furthermore, it was discovered by Slooter *et al.* (1999) that metastatic tumors also show suitable results [51-54].

PRRT with (90Y-DOTA0, Tyr3) - octreotide [90Y-DOTATOC; OctreoTher®]

90Y is a β emitter with electron energy limit of 2.3 MeV and midrange tissue of 12 mm. The [Tyr3]-octreotide has a higher affinity for sst2 [55, 56]. However, the effects of radionuclide therapy are variable and tumor size-depending [57, 58].

PRRT with [90Y-DOTA0, Tyr3] - OCTREOTATE

Has recently been studied using 90Y connected to [DOTA0, Tyr3] - OCTREOTATE (90Y-OCTREOTATE), but the therapeutic guidelines are variable and evolutionary response has not been clearly delineated [30, 59].

PRRT with [90 Y-DOTA 0] - Lanreotide

Although lanreotide has been used in the treatment of PEG-nets, their affinity is higher for somatostatin receptor 3 and 4 [60].

PRRT with [177 Lu-DOTA0-Tyr3] OCTREOTATE (177 Lu-DOTATATE) and [177 Lu-DOTA0, Tyr3] octreotide (177 Lu-DOTATOC)

The somatostatin analogue [DTPA0, Tyr3]-OCTREOTATE differs from [DTPA0, Tyr3]-octreotide by the presence of only a C - terminal treoninol which is substituted by threonine and comparatively the [DTPA0, Tyr3] OCTREOTATE shows to be a better binding to somatostatin receptor [61-63].

TOXICITY

The short-term side effects caused by PRRT include mild nausea, vomiting and abdominal pain, but only occurred in a minority of patients [64]. In addition, at rare level cases of kidney failure and the occurrence

of leukemia or myelodysplastic syndrome has been observed [65].

PERSPECTIVE

Treatment with radiolabeled analogs of sst is a therapeutic modality that grows progressively fighting inoperable or metastatic neuroendocrine tumors, especially GEP tumors. The requirement for the successful treatment includes the demonstration of the high tumor uptake and non-hematological and biochemical function. Even if there is no exact dosage absorbed, treatment with radiolabeled analogs of sst, 111In, 90Y e177Lu correspond satisfactorily to symptomatic improvement and the delimitation of the side effects, related mainly related renal function. Results obtained with [90Y - DOTA0, Tyr3]- octreotide and [177Lu - DOTA0, Tyr3]- OCTREOTATE exhibited substantial regression of the tumor, whereas the combination of these two Radiopeptides may be more effective than one of them alone. We emphasize that the safety of therapy with both methods is comparable [66, 67].

Many analogs of somatostatin receptors have been described with radiolabeled for diagnostic purposes. These proved to be an excellent tool for the clinical management of patients with NET. The diagnosis has become easier and the information is possible therapeutic decision making satisfactory. When radiolabeled with beta -emitting isotopes such as 90 Y and 177 Lu, the same peptides have been used successfully to the base of radiotherapy (PPRT) with few severe adverse effects, significant tumor response rates and progression free survival. This field is rapidly growing and better, new peptide agonists and antagonists have been described and quickly tested in clinical trials [68].

The percentages recorded tumor remission after treatment with receptor radionuclide therapy varies according to the doses and dosing schedules of different Radiopeptides (some studies use dose - escalation schemes, while others use fixed doses) [69]. The diversity of the patient and tumor characteristics determine the outcome of treatment, as the amount of absorption, the estimated total tumor load and the extent of metastatic involvement may play an important role in determining the outcome of the treatment [30].

The two main advantages of the peptides to target receptors are that they can be assigned to essentially duplicate the critical region of the natural receptor

ligand (thus achieving high specificity), and they are relatively small, therefore, can very quickly locate the focus. These advantages are significant for diagnostic imaging, leading to a high sensitivity and specificity and effective therapeutic agents that can achieve with high doses of radiation to the tumor [70].

The PRRT with the use of radiolabeled somatostatin analogs is a promising treatment for patients with neuroendocrine tumors with somatostatin receptor positive, showing the advantage of achieving a small tumors and metastatic networks typically difficult to detect [71].

The radiolabeled somatostatin analogs generally comprise three main parts: A cyclic octapeptide (e.g., octreotide), a chelating agent (e.g. DTPA or DOTA), and a radioactive element (90Y or 177Lu). These Radiopeptides are injected into the patient systemically and will bind to carcinoid tumor cells that have receptors. Once connected, these Radiopeptides emit radiation and kill tumor cells [42].

The 177Lu and 90Y radionuclide is suitable for treating this type of therapy. The 177Lu has a half-life longer, an emission spectrum that allows dosimetry studies and therapy, and is suitable for small tumors. In contrast, 90Y emits particles with longer lengths and higher energies, being preferred to 177Lu for patients who have large tumors, poorly vascularized, or tumors with heterogeneous receptor distribution. However, high doses absorbed by the tumor when patients undergo radionuclide therapy also provides high absorption in the tissue adjacent or around small tumors. Tumors can be adjacent to healthy tissue and critical organs are exposed absorption rates [72].

The PRRT proves to be relatively safe for the kidneys at doses around 25-27 Gy, with an acceptable toxicity, both hematologic and kidney. The strategic management positively charged amino acid such as lysine or arginine competitively inhibit the phenomenon. However, the loss of renal function may occur months after the end of treatment and severe renal toxicity is more common in patients with associated risk factors, as long a history of diabetes or hypertension [71].

The PRRT an alternative treatment is effective and safe for the treatment of neuroendocrine tumors sst-positive. Currently, the maximum tolerated dose is defined by the dose in critical organs, kidney and bone marrow. Probably the dose may be increased in the future, with the introduction of new protective agents

and different treatment regimens and radionuclides. There is no definition of the peptide and most suitable radionuclide for the treatment of neuroendocrine tumors. In the case of the radionuclide, in particular, there is emerging evidence that a combination of nuclides with different physical characteristics can be more effective. At first, the treatment target has a number of clear advantages over systemic treatments nonspecific [73].

Further studies to improve the target PRRT include multireceptor with attempts to "overcharge" the expression of sst in tumors and the use of radiosensitizers [66]. Studies have been conducted in a wide variety of Radiopeptides that have already shown its effectiveness in clinical practice or appear to have a great potential to be useful in the future and shown several promising ligands with significant potential to make a real difference in fighting and treating patients with tumor disease are being developed. However, the promotion of the development of numerous agents radiopeptídicos clash in the absence infrastructure to make access easier [70].

Stresses the combination therapy radiolabeled somatostatin analogues as an approach to maximizing the expected positive effects and minimize the toxicity of sst receptor radionuclide therapy [40]. The treatment with PRRT demonstrates a real impact on patient survival [71].

The PRRT can be extended to many other types of tumors, including breast, prostate, intestine, pancreas, and brain tumors, which recently have been shown to express receptors for several other peptides such as gastrin releasing peptide, neurotensin, substance P, glucagon-like peptide 1-, neuropeptide Y, and corticotropin-releasing factor receptors. A wide range of radiolabeled peptides are being developed for clinical use, improved somatostatin analogs or analogs CCK2, and newly designed bombesin, neurotensin, substance P, neuropeptide Y and peptide - type glucagon - 1. These analogs offer promise for the future PRRT [22].

Bodei (2009) list a great number of new peptides that could be used for receptor radionuclide therapy [68].

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